

LEVEL 1 ASSISTANT COACH COURSE



The aim of the HSI Assistant Coach course is to cover the essential areas necessary to work competently as an Assistant Coach at novice level, with an emphasis on skill development, participation and enjoyment.

DURATION

40 hours, 4 DAY COURSE (2 + 2 days = 4 Contact days)

ENTRY REQUIREMENTS

Participants should be 18 years of age or over
Have a knowledge of horses and horsemanship
And/or, have any of the following qualifications:

- British Horse Society AI
- Irish Pony Club B
- Association of Irish Riding Clubs Grade III
- British Equestrian Tourism Ride Leader

HSI strongly recommend that participants who feel they may not be up to date with adult learning principles, should attend an HSI Introduction to Coaching prior to joining the HSI Level One course.



HSI LEVEL 1 ASSISTANT COACH COURSE
COST: €400

WHAT'S INVOLVED ?



TO COMPLETE THE HSI LEVEL 1 ASSISTANT COACH COURSE WHAT DO I HAVE TO DO?

ATTEND THE 4 DAY COURSE:

The course is split into two parts, each lasting two days. On the first 2 days all of the exercises are explained and demonstrated. The second part of the course also 2 days, is normally held 3-4 months later. This period allows coaches to work with the exercises at home and be comfortable with the modules before coming back to the second part of the course. During part two coaches are given an opportunity to practice coaching under guidance of the tutor team.

At NO time are course participants required to ride.

FOLLOWING THE 4 DAY COURSE YOU ARE REQUIRED TO COMPLETE THE FOLLOWING:

Open book questions (30 short answer questions)

Log book. (Coaches log 20 coaching sessions)

First Aid **AT WORK** Certificate. (Order of Malta, Red Cross or BHS Equine Specific course)

CERTIFICATION

When the course requirements have been completed and returned to the HSI office, the paperwork will be appraised. Given that it meets the required standard, a Level 1 Assistant Coach certificate will be issued jointly by HSI and the NCTC.

YOU CAN THEN AVAIL OF THE GREAT VALUE HSI COACH INSURANCE PACKAGE

'What an excellent few days – Professional approach, very helpful -everyone has learnt something regardless of experience, talent, knowledge, etc.'