



Timetable of Events

Summer Series 1 - Saturday 14th June

Time	Event	Venue
08:00 - 08:30	Registration	Pentathlon Centre
08:30 - 09:00	Fencing Warm Up	Fencing Hall
09:00 - 11:00	Fencing Competition	Fencing Hall
11:30 – 13:00	Swimming	NAC
14:00 – 15:30	Combined 1 st Heat	Shooting Hall

Summer Series 2 - Saturday 5th July

Time	Event	Venue
08:00 - 08:30	Registration	Pentathlon Centre
08:30 - 09:00	Fencing Warm Up	Fencing Hall
09:00 - 11:00	Fencing Competition	Fencing Hall
11:30 – 13:00	Swimming	NAC
14:00 – 15:30	Combined 1 st Heat	Shooting Hall
17:00 onwards	Prizegiving & BBQ	Pentathlon Centre
18:30	Pentathlon Ireland AGM	Sports HQ

<u>Please make sure you arrive at each venue with plenty of time</u>
<u>before the published event start time.</u>





Competition Notes

Entry & Registration

- Entry online: **ONLINE ENTRY FORM HERE**
- By registrating online and paying in advance we hope to reduce the time needed for registration.
- Pre-paid athletes only need to be there for the start of the warm up for fencing.
- If you are paying on the day, there is an extra charge and be sure you arrive in plenty of time for your entry to be processed



Fencing

- Round robin fencing competition. All athletes will fence each other. The number of hits is determined by the number of competitors.
- ATHLETES NOT ARRIVING BEFORE THE START OF THE WARM UP WILL BE SCRATCHED FROM THE COMEPTITION
- Each athlete should have two working epees and a spare body wire. These need to be
 with you during the fencing competition (if epees/wires don't work, it can delay the
 running of the event if you don't have a spare with you).
- Pentathlon Ireland have limited equipment for loan, if you need to borrow equipment please make this know when registering.
- If you're borrowing equipment from PI, make sure that you arrive with plenty of time before the warm up to get kitted out.



Swimming

- All athletes will do 200m against the clock in seeded heats.
- Make sure you submit a swim time on the entry form. Those with no time will be seeded in the first heat.



Combined Event

- All athletes will contest a 4 x 800m run/shoot event.
- Where possible we will try to loan out laser equipment to competing athletes. Please ensure you complete your pistol details on the entry form.
- Where this isn't possible, pellets will be used on the knockdown targets. Scores will be modified to ensure those using pellets are not at a disadvantage.





- Heats for the combined will be determined after final registration and will also depend on equipment availability.
- We have a number of pistols available to loan to athletes who require them. Please
 make the organisers aware of this on your entry and also on arrival on competition
 day.
- Shooting will be on the indoor range. It's not suitable to wear spikes!
- Atheltes are advised to bring a change of footwear as the grass can be very wet/muddy.

On The Day

Pistol Storage

- Pistols need to be handed in at registrations where they will be labeled and securely stored.
- These will be returned to parents/guardians after the conclusion of the combined event.

Volunteers

• Any help from parents with time keeping, scoring and results will be much appreciated. Please email info@pentathlon.ie in advance so we can allocate you a role for the day.

Drinks/Snacks and Refreshments

- Minimal food/drink options will be available on site. Pentathlon Ireland will have a few snacks and will be operating an honesty box in the kitchen.
- Athletes should make sure they bring plenty of their own food and drink to fuel them through the competition.

Prizes

- No prizes will be awarded at Summer Series 1. Prize giving is on completion of Summer Series 2.
- Athlete's <u>best</u> performances is each event across the two Summer Series competitions will be used to calclate the winners of the 2014 Summer Series.