

HSI CODE OF CONDUCT FOR ATHLETE'S

This Code of Conduct is issued in conjunction with the National Rules of HSI and applies to all activities regarding a participant's involvement with HSI including but not limited to training session/clinics, camps, meetings, travel and competitions.

HSI recognises the important role that young people play in our organisation. Every young athlete should be encouraged to realise that they have responsibilities to treat everyone with fairness and respect. Representing HSI is a huge honour and each young person is in a privileged position and one that many athletes aspire to.

HSI NATIONAL RULES:

Each athlete, and his or her parent or guardian where applicable, is responsible for reading the National Rules and is obligated to comply with and be bound by them.

You are encouraged to accept responsibility for your own behaviour and performance in training, in competition and during any occasion when representing HSI.

ATHLETES AGREE TO ABIDE BY THE FOLLOWING:

- Respect all decisions made by HSI, this includes the requirement to treat all HSI officials with respect and courtesy and to follow all instructions issued by, and respond in reasonable time to requests from, any HSI officials, including the Chef d'Equipe/Team Manager
- While representing HSI, participants must remember they are acting as ambassadors for the country and their particular equestrian sport. Accordingly they will from time to time be requested to engage in certain activities to include:
 - Attendance at team photo shoots, if applicable; and
 - Attendance at meetings, dinners and other social gatherings
- Alcohol - Under no circumstances shall any underage athlete consume alcohol. Participants who have reached the age of majority should ensure that they are in a position to perform to the best of their ability. In this regard, social activity including alcohol consumption should be commensurate with the requirement to compete at the top level
- Drugs - athletes are strictly forbidden from using or being in possession of any form of prohibited drug or mood altering substance
- Attend all training sessions and control competition/s as required

- Participate fairly, do your best and enjoy yourself
- Represent yourself, your family, your Club and HSI with pride and dignity
- Respect Officials and accept their decisions gracefully
- Take appropriate care of your horse and equipment
- Respect fellow team members giving them support whether they do well or not so well
- Respect opponents and be modest in victory and gracious in defeat
- Set high standards of **FAIR PLAY** for others to follow
- Conduct yourself with the utmost professionalism and represent HSI in a positive way. Never do, say or suggest anything that may bring HSI and/or any of its members into disrepute. This also refers to any comments made on social media sites i.e. Facebook, Twitter etc
- Approach the team’s Chef d’Equipe/Team Manager or an adult member of the delegation with any concerns or questions you may have

| Young People Should Not: | |
|----------------------------------------------------------------------|-----------------------------------------------------|
| <u>Cheat</u> – always participate by the rules | <u>Shout at or argue</u> with an official |
| Use <u>abusive language</u> | Spread <u>rumours</u> |
| <u>Bully</u> or use bullying tactics to isolate another young person | <u>Tell lies</u> about adults or other young people |
| <u>Harm</u> team members, opponents or their property | |

| Young People Are Entitled to: | |
|---------------------------------------------------------------------------------------------|---------------------------------------------------------------------|
| Be <u>safe</u> and feel safe | Be <u>believed</u> |
| Be afforded appropriate confidentiality | Be treated with respect and <u>dignity</u> |
| Get <u>help</u> against bullies | To <u>protect</u> their own bodies |
| Be <u>happy</u> , have <u>fun</u> and experience a sense of <u>enjoyment</u> and fulfilment | <u>Comment</u> and make <u>suggestions</u> in a constructive manner |
| Make a <u>complaint</u> appropriately to the Head of Delegation and be <u>listened</u> to | Say <u>No</u> |

I confirm that I have read the HSI Athletes Code of Conduct and agree to abide by it

| | |
|-----------------------------------------------|--|
| Signature | |
| Print Name | |
| Parent/Guardian Signature (if U18) | |
| Print Name | |
| Date | |

Any breaches of this Code will be dealt with through HSI disciplinary procedures.