HSI Coaching Programme
Risk Assessment

Centre Name:	
Name of group/ session	
Date and Time of session	
Participants	
Date of risk assessment	
Name & address of location	
GPS Coordinates	
Location of toilets	
Nearest telephone	
Name of onsite First Aider & Contact Number	
First Aid Kit on site & stocked	
Location of First Aid	
Location contact	
Name of person completing risk assessment	

Risk Assessment – Report Form

Area:

Risk Number	Risk Location	Description of Risk / Hazard and Action to be Taken	Risk Level	Checked by	Prior Action Taken	Date
1	Indoor Arena	Faulty equipment – to be checked at start by assessor and removed if not suitable for use. Area around arena - to be checked at start by assessor to ensure suitable for people watching Machinery in the school, safety checked by coach and assessor Arena Surface – to be checked at start by assessor for flat work and jumping suitability Horse and Rider use of school; to be controlled by the coach.	3 2 3 3 3			

2	Outdoor Area	Faulty equipment – to be checked at start by assessor and removed if not suitable for use. Area around arena - to be checked at start by assessor to ensure suitable for people watching Arena Surface – to be checked at start by assessor for flat work and jumping suitability Horse and Rider use of school; to be controlled by the coach, Any outside distractions on other side of fence or hedge	3 2 3 3 3			
3	All areas	Severe weather conditions – ice, snow/sleet, high winds, dust, rain – to be checked at start and monitored throughout the session by coach Allergy/injury/medical condition unknown to coach. Coach to check at beginning of session Unsuitable horse/ rider for activity being asked – coach to monitor during warm-up for proficiency.	2 3 3			

	All areas	Fire exits marked and unlocked Outside distractions which may effect the horses and riders. This should be monitored during the sessions being delivered.	1 2			
4	Horse and Rider Specific	Tack checked for safety by coach Other horses in the school, correct school etiquette to be followed checked by coach Clothing on Rider suitable for use checked by coach	3 3 2			

5	General	Fall of horse or rider. Pre discussed accident plan to be put into place led by coach Lameness/ unsoundness/ stiffness. This to be addressed by the coach Once coach has pointed this out a discussion with the rider will happen before a decision is made. Coach, Rider taken ill. Lesson to be stopped immediately and safety measures put into place for all in the school. Help called for at this stage Full address of location on page 1 of risk assessment.	4 2 2			

6	Updates					