

**HSI Coaching
Risk Assessment**

Centre Name	
Name of group/ session	
Date and Time of session	
Participants	
Date of risk assessment	
Name & address of location	
GPS Coordinates	
Location of toilets	
Nearest telephone	
Name of onsite First Aider & Contact Number	
First Aid Kit on site & stocked	
Location of First Aid	
Location contact	
Name of person completing risk assessment	



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Risk Assessment – Report Form

Area:

Risk Number	Risk Location	Description of Risk / Hazard and Action to be Taken	Risk Level	Checked by	Prior Action Taken	Date
1	Indoor Arena	<p>Faulty equipment – to be checked at start by assessor and removed if not suitable for use.</p> <p>Area around arena - to be checked at start by assessor to ensure suitable for people watching</p> <p>Machinery in the school, safety checked by coach and assessor</p> <p>Arena Surface – to be checked at start by assessor for flat work and jumping suitability</p> <p>Horse and Rider use of school; to be controlled by the coach.</p>	<p>3</p> <p>2</p> <p>3</p> <p>3</p> <p>3</p>			

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2	Outdoor Area	Faulty equipment – to be checked at start by assessor and removed if not suitable for use.	3			
		Area around arena - to be checked at start by assessor to ensure suitable for people watching	2			
		Arena Surface – to be checked at start by assessor for flat work and jumping suitability	2			
		Horse and Rider use of school; to be controlled by the coach,	3			
		Any outside distractions on other side of fence or hedge	3			
			3			

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3	All areas	<p>Severe weather conditions – ice, snow/sleet, high winds, dust, rain – to be checked at start and monitored throughout the session by coach</p> <p>Allergy/injury/medical condition unknown to coach. Coach to check at beginning of session</p> <p>Unsuitable horse/ rider for activity being asked – coach to monitor during warm-up for proficiency.</p>	2 3 3			
	All areas	<p>Fire exits marked and unlocked</p> <p>Outside distractions which may effect the horses and riders. This should be monitored during the sessions being delivered.</p>	1 2			
4	Horse and Rider Specific	<p>Tack checked for safety by coach</p> <p>Other horses in the school, correct school etiquette to be followed checked by coach</p> <p>Clothing on Rider suitable for use checked by coach</p>	3 3 2			



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5	General	<p>Fall of horse or rider. Pre discussed accident plan to be put into place led by coach</p> <p>Lameness/ unsoundness/ stiffness. This to be addressed by the coach Once coach has pointed this out a discussion with the rider will happen before a decision is made.</p> <p>Coach, Rider taken ill. Lesson to be stopped immediately and safety measures put into place for all in the school. Help called for at this stage</p> <p>Full address of location on page 1 of risk assessment.</p>	4			
			2			
			2			



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6	Updates					
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